**COVID-19 provides a unique opportunity to see how massage impacts people.**

**Do you have an appointment for massage therapy?**

**And/Or**

**Did you used to get regular massage but now don’t due to COVID?**

**Please complete a survey!**

Researchers from Indiana University School of Health & Human Sciences would like to better understand those who do and do not seek massage services during the COVID-19 pandemic and why people with and without massage experience seek massage treatment during these unique times.

**Who is eligible to participate?**

* Adults 18 years and older
* Those that speak and read English.
* Either
  + Those currently seeking massage therapy services, or
  + Those refraining from regular massage therapy services due to Covid-19.

**What participants will do:**

Participants will complete an online survey with questions regarding massage experience, current health, and those specifically related to emotional well-being, social factors, sleep, pain, and health-related behaviors. The whole survey will take about 15-20 minutes to complete and participants will be invited to complete the surveys again 1, 2, and 3 months later. Each completed survey will be eligible to receive one entry into a drawing for one of two $25 Amazon gift cards at the end of the study.

**If you are interested in participating, you can use the below link or QR code to access the survey:**

<https://redcap.uits.iu.edu/surveys/?s=E887TKDYWL>

