



# Massage State Regulation Guide

Use this card to check out each state's regulatory requirements for massage therapy. To get the most up-to-date information, log in at [abmp.com](http://abmp.com) and click on the legislative state map member section, or call 800-458-2267. Last update April 2023.

State	Liability Insurance	Designation	Educational hours	Renewal CEU* hrs/year	Exam(s) Required	Additional Requirements	Telephone
Alabama	Prior to license	License (LMT)	650	16/2	MBLEx <b>OR</b> NCBTMB	Background check, 2x2" photo	334-420-7233
Alaska		License (LMT)	625	16/2	MBLEx <b>OR</b> NCBTMB	Background check, CPR, fingerprints, BBP courses	907-465-3811
Arizona		License (LMT)	700	24/2	MBLEx <b>OR</b> NCBTMB (unless grad from AZ USDOE accredited school)	Background check and fingerprints	602-542-8604
Arkansas		LMT or MMT (Master Massage Therapist)	500	18/2	MBLEx <b>OR</b> NCBTMB	Background check and fingerprints	501-683-1448
California		Certification (CMT)	500	none/2	No exam required Jan 1, 2019 - Jan 1, 2021	Background check, local requirements apply, fingerprints, 2x2" photo	916-669-5336
Colorado	Prior to license	License (LMT)	500	none/2	MBLEx <b>OR</b> NCBTMB	Background check and fingerprints	303-894-7800
Connecticut		License (LMT)	750 after 10/1/19	24/4	MBLEx <b>OR</b> NCBTMB	Liability insurance required for practice	860-509-7603
Delaware		A. License (Therapist-LMT) <b>OR</b> B. Certification (Technician-CMT)	A. 500 B. 300	24/2	A. MBLEx <b>OR</b> NCBTMB B. not required	Background check, CPR, temporary license available, fingerprints, first aid	302-744-4500
District of Columbia		License (LMT)	500	14/2 (effective 1/1/21)	MBLEx <b>OR</b> NCBTMB	Background check, CPR, first aid	877-672-2174
Florida		License (LMT)	500	24/2	MBLEx <b>OR</b> NCBTMB	Background check, medical error prevention course, HIV/AIDS course, FL Laws & Rules Course, fingerprints	850-488-0595
Georgia	Prior to licence	License (LMT)	500	24/2	MBLEx <b>OR</b> NCBTMB	Background check and fingerprints	404-656-2881
Hawaii		License (LMT)	570	12/2 (effective July 1, 2024)	Hawaii state	2 of 12 hrs in CPR, first aid or other emergency related training	808-586-3000
Idaho		License (LMT)	500	6/1	MBLEx <b>OR</b> NCBTMB		208-334-3233
Illinois		License (LMT)	600	25/2 (effective Jan 1, 2024)	MBLEx <b>OR</b> NCBTMB	Background check and fingerprints	217-785-0800
Indiana	Prior to certification	Certification (CMT)	625	none/4	MBLEx <b>OR</b> NCBTMB	Background check and fingerprints	317-234-8800
Iowa		License (LMT)	600	16/2	MBLEx <b>OR</b> NCBTMB	CPR	515-281-7689
Kansas		No state regulation/ Check local requirements				Check local requirements	
Kentucky		License (LMT)	600	12/2	MBLEx <b>OR</b> NCBTMB	Background check, ethics course, 2x2" photo	502-782-8808
Louisiana		License (LMT)	500	12/1	MBLEx <b>OR</b> NCBTMB	Provisional license available, background check	225-756-3488
Maine		License (LMT)	500	none/1	MBLEx <b>OR</b> NCBTMB alternative to education	CPR, background check	207-624-8624
Maryland		A. License (LMT) or B. Registration (RMT)	A. 600 and 60 college credit OR B. 600	24/2	MBLEx <b>OR</b> NCBTMB <b>OR</b> NCCAOM	CPR, jurisprudence exam, background check, 2x2" photo	410-764-4738
Massachusetts	Prior to license	License (LMT)	650	none/1	not required	Two letters of reference and 2x2" photo	617-701-8630
Michigan		License (LMT)	625	18/3	MBLEx <b>OR</b> NCBTMB	Background check and fingerprints	517-241-0199
Minnesota		No state regulation/ Check local requirements				Check local requirements	
Mississippi		License (LMT)	550	24/2 (12 per calendar year)	MBLEx <b>OR</b> NCBTMB	Background check, CPR, state exam, fingerprints, first aid, familiarity with American Disabilities Act, completed course on communicable diseases	601-732-6038

MBLEx licensing exam offered by the Federation of State Massage Therapy Boards. \* CEU - Continuing education hours required for renewal of license. NCBTMB no longer offers the NCETMB or NCETM; states still accept passage if taken prior to February 1, 2015.

State	Liability Insurance	Designation	Educational hours	Renewal CEU hrs/year	Exam(s) Required	Additional Requirements	Telephone
Missouri	Prior to license	License (LMT)	500	12/2	MBLEx <b>OR</b> NCBTMB <b>OR</b> NCCAOM	Background check, state exam, provisional license, 2 sets of fingerprints	573-522-6277
Montana		License (LMT)	500	12/2	MBLEx <b>OR</b> NCBTMB	Renewals are annual but CE's due on even number years	406-444-6880
Nebraska		License (LMT)	1000	16/2	MBLEx <b>OR</b> NCBTMB	Background check	402-471-2117
Nevada		License (LMT)	550	24/2, but must still earn 12 every calendar year (effective 7/1/2020)	MBLEx <b>OR</b> NCBTMB	Background check (fingerprints), 2x2" photo	775-687-9955
New Hampshire		License (LMT)	750	12/2	MBLEx <b>OR</b> NCBTMB	CPR, First Aid, 2x2" photo, license for techniques	603-271-2152
New Jersey	Prior to license	License (LMT)	500	20/2	MBLEx, NCETMB or NCCAOM	Background check, CPR/first aid/AED	973-504-6520
New Mexico		License (LMT)	650	16/2	MBLEx <b>OR</b> NCBTMB	Jurisprudence exam, first aid, CPR, 2x2" photo	505-476-4622
New York		License (LMT)	1000	36/3	NY state	CPR, CE req. begin 1/1/2012, Limited permits	518-474-3817
North Carolina		License (LMBT)	500	24/2 or 12/2 if more than 1 year of licensure but less than 2 years	MBLEx, NCBTMB, or NCCAOM	Background check, 2x2" photo, fingerprints	919-546-0050
North Dakota		License (LMT)	750	0-14 yrs practicing = 24/2 15-24 yrs practicing = 6/2 24+ yrs practicing = 3/2	MBLEx <b>OR</b> NCBTMB	Physical exam, no contagious disease, CPR, background check, jurisprudence exam, background check (with fingerprints), 2x2" photo	701-712-8624
Ohio		License (LMT)	600 (effective 4/7/21)	None/2	MBLEx	Background check	614-466-3934
Oklahoma	Prior to license	License (LMT)	500	5/1 or 10/2	MBLEx	Background check	405-521-2441
Oregon		License (LMT)	625	25/2	MBLEx <b>OR</b> NCBTMB	Jurisprudence exam, CPR, background check, CE reqs include 1 hour of pain management and 1 hour of cultural competency, 2x2" photo, 3 references, fingerprints	503-365-8657
Pennsylvania		License (LMT)	600	24/2	MBLEx <b>OR</b> NCBTMB	Background check, CPR	717-783-7155
Puerto Rico	Prior to license	License (LMT)	1000	TBD/3	MBLEx	CPR, health certificate, background check	787-725-8538
Rhode Island		License (LMT)	650	6/1	MBLEx <b>OR</b> NCBTMB	Background check, CPR	401-222-5960
South Carolina		License (LMT)	650	12/2	MBLEx <b>OR</b> NCBTMB	2x2" photo	803-896-4588
South Dakota	Prior to license	License (LMT)	500	8/2	MBLEx <b>OR</b> NCBTMB	Temporary, AED/CPR/first aid, jurisprudence exam, 2 hours of CPR CE per renewal cycle	605-858-1708
Tennessee		License (LMT)	500	24/2	MBLEx <b>OR</b> NCBTMB	Background check	615-253-2111
Texas		License (LMT)	500	12/2	MBLEx <b>OR</b> NCBTMB	Background check, jurisprudence exam, fingerprints, CPR	512-463-6599
Utah		A: License (LMT) B: Massage Assistant C: Massage Assistant-in-training	A: 600 B: 300 C: 6 mos MT supervision	none/2	A: NCETMB or MBLEx B: TBD by Utah Division of Professional Licensing	Background check, temporary license available, fingerprints	801-530-6628
Vermont		Registered Massage Therapist (RMT)				Registration renewal every 2 years	802-828-1505
Virginia		License (LMT)	500	24/2	MBLEx	Background check, provisional license, fingerprints	804-367-4614
Washington		License (LMP)	625 (effective 9/01/21)	24/2	MBLEx <b>OR</b> NCBTMB	HIV - AIDS training, jurisprudence exam, CPR/first aid, background check	360-236-4700
West Virginia		License (LMT)	500	24/2	MBLEx <b>OR</b> NCBTMB		304-558-1060
Wisconsin	Prior to license	License (LMT)	600	24/2	MBLEX <b>OR</b> NCBTMB <b>OR</b> NCCAOM	Temporary, AED/CPR/First aid, jurisprudence exam	608-266-2112
Wyoming		No state regulation/ Check local requirements				Check local requirements	